

LIGHT BITES

£9 Each or 3 for £25

Roast Baby Courgettes (VE) *302 kcal*
Lemon & Garlic

Marinated Olives & Ciabatta *308 kcal*
Olive Oil Dip

Smoked Salmon & Pickled Cucumber *490 kcal*

White Bait *464 kcal*
Homemade Tartare Sauce

Steak & Vegetable Kebabs *526 kcal*
Soy Sauce Dip

Salted Beef Blade *407 kcal*
Horseradish, Rye Toast

Cornish Strawberries *409 kcal*
Clotted Cream

SOUP

Soup of the Day *374 kcal* 10.00
Homemade Bread

SANDWICHES

Served With Mixed Leaves & Crisps

Atlantic Prawn *877 kcal* 13.00
Gem Lettuce, Marie Rose Sauce

Roasted Mediterranean Vegetables (VE) *877 kcal* 11.50
Tofu & Herb Pesto

Roast Beef Topside *726 kcal* 12.50
Horseradish, Rocket & Tomato

Hummus, Avocado & Roast Onion (VE) *892 kcal* 12.00
Toasted Ciabatta

Roast Ham *927 kcal* 12.50
Whole Grain Mustard, Mature Cheddar Cheese & Watercress

Mature Cheddar Cheese *979 kcal* 11.50
Onion & Grape Chutney, Mustard Cress

Roast Flat Mushroom (VE) *887 kcal* 11.50
Tomato, Cos Lettuce, Coconut Cheese

Egg Mayonnaise (V) *913 kcal* 11.50
Chives & Mustard Cress

MAIN DISHES

Fish Cakes *1135 kcal*..... 18.50
Fennel Coleslaw, Lemon Mayonnaise

Beef Burger *1656 kcal*..... 18.00
Crispy Streaky Bacon, Cheddar Cheese, Spicy Relish, Brioche Bun

Linguine Pasta *1352 kcal* 18.50
Feta Cheese, Olives, Spinach & Herb Pesto

Fish & Chips *1298 kcal*..... 20.50
Fried in Beer Batter, Tartare Sauce & Pea Salad

Char Grilled Sirloin Steak *1061 kcal* 25.50
Tomato & Onion Salad, Salsa Verde

Mediterranean Vegetable Kebabs (VE) *1042 kcal* 16.50
Tabbouleh, Crispy Seitan

Fish of the Day *1189 kcal* 20.50
Fennel, Spring Onion, White Wine

Prawn Linguine *1242 kcal* 20.50
Atlantic Prawns, Spinach & Shellfish Sauce

SALADS

St. Ives Smoked Salmon *1178 kcal* 17.50
Caesar Salad with Anchovies, Poached Hens Egg

Local Crab *1049 kcal*..... 18.50
Avocado, Pickled Cucumber, Lemon & Watercress

Roast Chicken *1024 kcal*15.50
Olives, Fine Beans, Confit Tomatoes, Balsamic

Avocado *1153 kcal* 15.50
Pepper Pearls, Quinoa, Heritage Tomatoes, Glazed Tofu

SIDE DISHES

Sautéed Potatoes *598 kcal* 5.00

Hand Cut Chips *602 kcal*..... 5.00

Garlic Creamed Potato *402 kcal* 5.00

Tomato & Spring Onions *180 kcal*..... 5.00

Tenderstem Broccoli & Almonds *321 kcal*..... 5.00

Peas, Fine Beans & Shallots *280 kcal*..... 5.00

DESSERTS

Blackcurrant Mousse *680 kcal* 10.00
Apple & Blackcurrant Salad, Green Apple Sorbet

Mixed Summer Berry Syllabub *649 kcal*..... 9.00
Shortbread Biscuit & Basil Sorbet

Dark Chocolate Tart *735 kcal* 10.50
Candied Cherries, Cherry Ripple Ice Cream

Selection of Homemade Ice Creams & Sorbets *434 kcal* 6.50
Vegan Ice Cream Available

Selection of Cornish Cheese *741 kcal* 12.50
Apple Chutney, Homemade Wafers & Grapes

AFTERNOON TEA

Served 2.30pm - 5.00pm

Cornish Cream Tea *1208 kcal*..... 12.00
Home Made Fruit or Plain Scones, Homemade Strawberry Jam,
Cornish Clotted Cream

Full Afternoon Tea *2282 kcal* 25.00
St Ives Smoked Salmon & Cucumber Finger Sandwiches, Homemade
Cakes & Cornish Cream Tea

Full Afternoon Tea to Share *2684 kcal* 40.00
Serves 2. Includes Extra Scones & Sandwiches.

Champagne Afternoon Tea *2369 kcal* 35.00
Glass Of Champagne, St Ives Smoked Salmon & Cucumber Finger
Sandwiches, Homemade Cakes & Cornish Cream Tea

VEGAN CREAM TEA & AFTERNOON TEA OPTIONS ARE AVAILABLE,
SEE FULL AFTERNOON TEA MENU FOR DETAILS

TEA & COFFEE

Decaf/Dairy Free Available, Please Ask

Duchy House Tea 3.50

Earl Grey Tea 3.50

Speciality Teas 3.50

Loose Leaf Tea 3.80

Espresso 4.00

Americano 4.50

Cappuccino..... 4.50

Flat White 4.20

Machiato 4.00

Mocha/Latte 4.50

Plain Hot Chocolate..... 4.50

Luxury Hot Chocolate 5.50
Cream & Marshmallows

CAKES

Spiced Ginger Cake *409 kcal*..... 4.00

Lemon Drizzle *431 kcal* 4.00

Coffee Cake *510 kcal*..... 4.00

Fruit Cake *461 kcal* 4.00

Adults need around 2000 Kcal a day.

Dishes may contain traces of allergens. Please let us know if you have any allergies or dietary requirements. Whilst we do our all to accommodate our guests, we cannot guarantee any dish will be completely allergen free.