The BREAKFAST MENU



ROYAL DUCHY HOTEL

Awarded 2 AA Rosettes for Culinary Excellence

# The BREAKFAST MENU

SERVED 7.30AM - 10.00AM DAILY IN THE RESTAURANT

#### FROM THE BUFFET

PLEASE ENJOY THE SEASONAL SELECTION FROM THE BREAKFAST BUFFET

**Fruit Juices** 

A Fine Selection of Pastries

Fresh Fruit

**Poached Berries** 

**Dried Fruits** 

**Stewed Fruits** 

Natural & Fruit Yoghurts

A Variety of Cereals

Continental Meats & Cornish Cheese

Handmade Granola

# TRADITIONAL ENGLISH BREAKFAST -

#### Traditional English Breakfast

Sausage, Unsmoked Back Bacon, Mushroom, Grilled Tomato, Hash Browns,
Eggs Cooked to Your Choice
(Black Pudding, White Pudding or Baked Beans on Request)

daing, writte i dading of baked beans of kequest

# 'Lighter' English Breakfast

Grilled Bacon, Poached Eggs, Grilled Tomato & Mushroom

### Vegetarian Cooked Breakfast

Quorn Sausages, Mushroom, Grilled Tomato, Hash Browns, Eggs Cooked to Your Choice

### Vegan Cooked Breakfast

Quorn Sausages, Grilled Tomato, Hash Browns, Sautéed Flat Mushroom, Wilted Spinach



Adults need around 2000 Kcal a day. You can view our calorie information by scanning the QR code.

May contain traces of allergens. Please let us know if you have any allergies or dietary requirements. Whilst we do our all to accommodate our guests, we cannot guarantee any dish will be completely allergen free.

# **VEGAN BUFFET SELECTION**

# Chia Seed Pudding

Candied Orange & Blueberries

Lemon & Chia Seed Muffin

### COMFORT BREAKFAST

PLEASE CHOOSE FROM ONE OF THE FOLLOWING OPTIONS:

# Traditional Rolled Porridge Oats

With Milk or Water

#### **Bacon Sandwich**

on Soft Thick White or Brown Bread

# À LA CARTE BREAKFAST

PLEASE CHOOSE FROM ONE OF THE FOLLOWING OPTIONS:

#### Oak Smoked Salmon

Scrambled Eggs, Chives & Lemon Oil

# **Eggs Benedict**

Smoked Ham & Hollandaise, Toasted English Muffin

#### **Grilled Kippers**

Capers, Lemon & Parsley Butter

# - FRESHLY BREWED TEA OR COFFEE

DECAFFEINATED TEA & COFFEE AVAILABLE

**English Breakfast Tea** 

Earl Grey

Green Tea

**Peppermint** 

Assam

Camomile

Fruit Tea

Pot of Freshly Brewed Coffee

f22.00 PER PERSON non-Residents