

# BREAKFAST

## VEGAN MENU

SERVED 7.30AM - 10.00AM MONDAY - FRIDAY  
8.00AM - 10.30AM SATURDAY - SUNDAY IN THE RESTAURANT

---

### VEGAN COOKED BREAKFAST

---

Please choose one of the following options

Quorn Sausages 222 *kcal* x 2, Grilled Tomatoes 28 *kcal*, Hash Browns 124 *kcal*,  
Sautéed Flat Mushroom 100 *kcal*, Wilted Spinach 70 *kcal*

Chickpea Omelette, Mushroom & Spinach, Coconut Cheese 291 *kcal*

---

### VEGAN SELECTION FROM THE BUFFET

---

Chia Seed Pudding, Candied Blueberries & Orange 112 *kcal*

Lemon & Chia Seed Muffin 235 *kcal*

£22.00 Per Person – non Residents

ROYAL DUCHY  
HOTEL

**Adults need about 2000 Kcal a day.**

May contain traces of allergens. Please let us know if you have any allergies or dietary requirements.  
Whilst we do our all to accommodate our guests, we cannot guarantee any dish will be completely allergen free.

The  
SANDWICH  
VEGAN MENU

---

---

SANDWICHES

---

SERVED WITH MIXED LEAVES & CRISPS

Roasted Mediterranean Vegetables 877 Kcal	
Tofu & Herb Pesto .....	11.00
Hummus, Avocado & Roast Onion 892 Kcal	
Toasted Ciabatta .....	11.50
Roast Portobello Mushrooms 877 Kcal	
Tomato, Cos Lettuce, Coconut Cheese .....	10.00

ROYAL DUCHY  
HOTEL

Adults need about 2000 Kcal a day.

May contain traces of allergens. Please let us know if you have any allergies or dietary requirements.  
Whilst we do our all to accommodate our guests, we cannot guarantee any dish will be completely allergen free.

# *The* LIGHT BITES VEGAN MENU

---

AVAILABLE 2PM - 7PM DAILY

Broccoli Tempura & Nut Parmesan

Roast Baby Courgettes, Lemon & Garlic

**£6.00 each or 3 for £15.00**

ROYAL DUCHY  
HOTEL

**Adults need about 2000 Kcal a day.**

May contain traces of allergens. Please let us know if you have any allergies or dietary requirements.  
Whilst we do our all to accommodate our guests, we cannot guarantee any dish will be completely allergen free.

# The TERRACE LOUNGE VEGAN MENU

---

---

## SANDWICHES

---

SERVED WITH MIXED LEAVES & CRISPS

Roasted Mediterranean Vegetables 877 Kcal	
Tofu & Herb Pesto .....	11.00
Hummus, Avocado & Roast Onion 892 Kcal	
Toasted Ciabatta .....	11.50
Roast Portobello Mushrooms 877 Kcal	
Tomato, Cos Lettuce, Coconut Cheese .....	10.00

---

## LIGHT BITES & STARTERS

---

Avocado, Black Bean, Tomato & Mango .....	15.00
Spiced Quinoa Mango, Chickpea, Tomatoes & Herbs .....	14.50

---

## MAINS

---

Char Grilled Seitan, Portobello Mushroom, Tomato & Hand Cut Chips .....	16.50
Red Onion Tarte Tatin Roasted Tofu, Glazed Garlic .....	14.50

---

## DESSERTS

---

Lemon Posset Poached Blueberries, Vanilla.....	8.50
Selection of Homemade Vegan Ice Creams & Sorbets .....	7.50

ROYAL DUCHY  
HOTEL

Adults need about 2000 Kcal a day.

May contain traces of allergens. Please let us know if you have any allergies or dietary requirements.  
Whilst we do our all to accommodate our guests, we cannot guarantee any dish will be completely allergen free.

# *The* CHILDREN'S VEGAN MENU

---

AVAILABLE ALL DAY

Quorn Sausages, Sautéed Potatoes, Mushroom & Herb Sauce £9.00

Red Berry Cheese Cake, Poached Berries £6.00

Fresh Fruit Salad £5.00

Selection of Dairy & Vegan Ice Creams & Sorbets £5.00

ROYAL DUCHY  
HOTEL

**Adults need about 2000 Kcal a day.**

May contain traces of allergens. Please let us know if you have any allergies or dietary requirements.  
Whilst we do our all to accommodate our guests, we cannot guarantee any dish will be completely allergen free.

# The AFTERNOON TEA VEGAN MENU

---

SERVED 2.30PM - 5.00PM, IN THE TERRACE LOUNGE OR ON THE TERRACE  
PRE-BOOKING ESSENTIAL FOR AFTERNOON TEAS

## VEGAN CORNISH CREAM TEA

---

*Mixed Scones, Coconut Cream & Jam 701 Kcal*

*Plain Scones, Coconut Cream & Jam 683 Kcal*

*Fruit Scones, Coconut Cream & Jam 719 Kcal*

To include:

Home Made Fruit or Plain Scones,  
Boddington's Strawberry Jam,  
Cornish Clotted Cream, Strawberries

**£11.00 per person**

## VEGAN AFTERNOON TEA

---

*2123 Kcal*

To include:

Hummus, Avocado & Roasted Onion 322 Kcal

Roasted Mediterranean  
Vegetables & Tofu 392 Kcal

Finger Sandwiches

Passion Fruit & Almond Macaroon 79 Kcal

Blueberry & Lime Tart 65 Kcal

Vanilla Cup Cake 115 Kcal

Coconut Raspberry Syllabub 85 Kcal

Poached Baby Pears & Nut Praline 153 Kcal

Banana, Maple & Walnut Bread 167 Kcal

Poached Pineapple 23 Kcal

Home Made Fruit 205 Kcal or  
Plain 187 Kcal Scones, Boddington's  
Strawberry Jam, Coconut Cream,  
Strawberries - 330 Kcal

**£22.00 per person**

\*\*\*\*  
ROYAL DUCHY  
HOTEL

Adults need about 2000 Kcal a day.

May contain traces of allergens. Please let us know if you have any allergies or dietary requirements.  
Whilst we do our all to accommodate our guests, we cannot guarantee any dish will be completely allergen free.

# *The* DINNER VEGAN MENU —

---

## STARTERS

---

Sundried Tomato Smoked Aubergine, Globe Artichoke & Sherry Vinegar

Roasted Mediterranean Vegetables Tofu & Herb Pesto

Avocado Black Bean, Heritage Tomato & Mango

---

## MAINS

---

Wild Mushroom Risotto Tarragon Croutons, Samphire & Glazed Tofu

Char-grilled Seitan Portobello Mushroom, Heritage Tomato, Hand Cut Chips

Char- grilled Asparagus Macadamia Nut Parmesan, Smoked Celeriac, Nasturtium

---

## DESSERTS

---

Poached Pear & Apple Walnut Financier, Green Apple Sorbet

Homemade Vegan Ice Creams & Sorbets Praline Crisps & Fruit Coulis

Fresh Seasonal Berries Blueberry Syrup, Lemon Thyme Sorbet

Berry Cheesecake Blueberry Syrup & Berry Sorbet

\*\*\*\*  
ROYAL DUCHY  
HOTEL

**Adults need about 2000 Kcal a day.**

May contain traces of allergens. Please let us know if you have any allergies or dietary requirements.

Whilst we do our all to accommodate our guests, we cannot guarantee any dish will be completely allergen free.